





FOREST RUN PUBLIC SCHOOL

Weekly Update: September 10-14, 2018

Safe Arrival ATTENDANCE Line: 905-417-9227 & follow the prompts or Login to: yrdsb.edsby.com

Daily	Daily Drop off and Free Entry from 8:20am to 8:35am Please remember to send your child to school with forks/spoons required to eat his or her snack and lunch. Thank you
Monday Sept. 10 Day 5	Rosh Hashanah 
Tuesday Sept. 11 Day 1	Rosh Hashanah Book of Forms due to your child's teacher 360 Kids Program for grade 6-8 students begins today after school in Room 209 (Tuesdays, Wednesdays and Thursdays)
Wednesday Sept. 12 Day 2	
Thursday Sept. 13 Day 3	
Friday Sept. 14 Day 4	
Next School Week (Sep 17 to 21)	Sept. 19 : Yom Kippur Sept. 21 : School Council Nomination Forms Due (1st meeting Sept. 27)

Principal: Mary Oppedisano

Vice Principal: Farhad Derakshande

Admin. Assistant: Elham Albazi

Secretary: Tanya Damiani



Superintendent: Chris Sarellas

Trustee: Linda Aversa

School Council: forest.run.ps@sc.yrdsb.ca



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FOOD POLICY @ FOREST RUN P.S.



All students and staff are entitled to safe and healthy learning environments in YRDSB schools. This position constitutes a major challenge in those cases where a student has a life-threatening allergy (anaphylaxis). There are three key categories to consider in providing a safe environment for anaphylactic students:

- Information and awareness for the entire school community;
- Avoidance of the allergen that causes anaphylactic reactions;
- An emergency response procedure in case of accidental exposure

We have many anaphylactic students at Forest Run P.S. We have confirmed the following foods are banned and may **NOT** be brought to school. Please assist us with avoiding these foods being sent to school in snacks and lunches.

1. Peanuts and peanut products
2. All Tree Nuts and nut products
- 3.

Reminder: FOOD ITEMS WILL NOT BE PERMITTED FOR SHARING– EVEN FOR BIRTHDAYS! PLEASE CONSIDER CREATIVE IDEAS SUCH AS DONATING A BOOK TO THE CLASS IN HONOUR OF THE CHILD'S BIRTHDAY INSTEAD. WE ALSO ASK THAT STUDENTS WHO HAVE BEEN PRESCRIBED EPI-PENS, ENSURE THAT ONE IS WORN IN A WAIST PACK AT ALL TIMES, AND A SECOND ONE IS PROVIDED TO BE STORED IN THE OFFICE.

THANK YOU FOR YOUR SUPPORT



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September 27, 2018 6:30-8:00 pm Meeting

JOIN US TO VOTE FOR OUR 2018-2019 SCHOOL COUNCIL!

SCHOOL COUNCIL MEETINGS ARE OPEN TO
ALL! PARENTS PLEASE JOIN US!



Medication Drop Off



Please remember to drop off your child(ren)'s medications/Epi-pens to the office as soon as possible. Please include new medical forms and ensure you attach a recent picture of the child on the form.

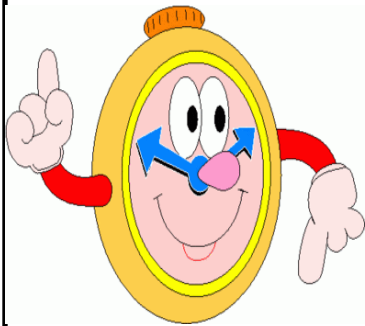




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The Importance of Punctuality!!!!



Punctuality is a life-skill that is valued by schools, employers in the work-force, and society. The bell rings at 8:35am at Forest Run P.S. and classes begin at that time. Students are expected to be in class by the beginning of our opening exercises. Help your child start each school day ready to learn! Several strategies will be used to help students who are repeatedly late to school. Severe cases will be referred to the YRDSB's attendance and Counselling Services. Please value Punctuality by ensuring your child is on time!!

SAFE SCHOOLS

Forest Run P.S. is a welcoming school where we value the importance of a safe learning environment. Over the last few years there has been an increasing need in society to be alert within our schools. The following are some of the procedures that are in place to ensure the safety and security of the students, staff and visitors in our school.

- **All visitors must enter the school through the front door.**
- **Parents and caregivers are invited to wait for their children dismissal outside the building. Please do not enter the classroom area of the school.**
- **All visitors and volunteers (including parents), must sign in at the office at the beginning of their visit.**



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ELECTRONIC DEVICES & TECHNOLOGY AT SCHOOL



As we prepare our students to be 21st century learners, we encourage the use of technology at school. If you would like to send a personal laptop with your child to school, please check with your child's teacher as there is a special technology use contract to be signed before such equipment can be brought into the school. Teachers will have individual rules pertaining to the use of other technology such as iPods, iPads, iPhones, cell phones, etc. to be used for educational purposes during class time. Please check with your child's teacher as to the rules pertaining to his/her class.

Please don't send your child to school with expensive electronic equipment without first checking with your child's teacher and signing appropriate technology agreements.

For safety and supervision issues, students are not permitted to have MP3 players, iPods, cell phones, etc. during recess or during lunch eating time. While these may be used going to and from school, they will be taken from the student (to be returned to a parent) if they are found in a classroom being used without teacher permission/direction. The school will not assume responsibility for these valuable items.





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HOMEWORK TIPS

Homework is an important part of learning. When you support your children's homework routine, you can help them do better at school. Here are some simple tips to help get the most out of their homework.

ROUTINES: Homework can be habit forming and that's good news for you and your child. Work out a homework schedule and make sure children adhere to it.

GIVE SPACE FOR HOMEWORK: Distractions and homework don't mix. Create a bright, quiet space where your child can concentrate on school work. Make sure it is away from distractions like TV, music and loud siblings.

PRACTICE MAKES PERFECT: Repetition reinforces learning. That's why it's helpful to have kids practice reading, writing and math with you every day.

"HOW WAS YOUR DAY?": Every school day is an adventure. Kids will do and learn so much they'll be bursting to tell someone all about it. So take a few moments every day to chat about the school day- and be a good listener.

CHECK IN OCCASIONALLY: When kids do their homework all alone, their concentration can often wander. Check in once in a while and see how your child is doing. Ask if there are any questions. Sometimes kids just need to talk about a homework problem to figure out the answer.

TURN EVERYDAY ACTIVITIES INTO HOMEWORK: Include children in everyday tasks such as searching newspapers, reading recipes, creating shopping lists, plotting out routes on a map, etc.

MAKE KIDS PROUD OF THEIR EFFORT: Getting the answers right is important. Doing a thorough and neat job is important, too. Make it a habit to sit down and go over completed homework. Look at it together for thoroughness and overall quality of work. Always look for something positive.

MOTIVATE WITH PRAISE: "Hey, you did a great job!". Words like these have an amazing effect on children. Encouragement gives them confidence and makes them feel good about doing their best.

ENCOURAGE CURIOSITY AND QUESTIONS: Learning really begins when kids start asking questions. Give your children the confidence to ask for help if the homework is difficult or confusing.

(Ministry of Education, 2007)

